Saturday, May 10, 2014 Phoenix, Arizona THE MESA REPUBLIC Page: 25

Botox treats teeth clenching, grinding

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Answer: When doctors injected Botox to help patients with other medical conditions, they soon noticed a side effect — fewer noticeable wrinkles. That's because Botox blocks nerve impulses and reduces the muscle activity that causes wrinkles to form.

In dentistry, we may use Botox to treat bruxism, the clenching and grinding of teeth. Bruxism can cause your teeth to chip and break and even lead to temporomandibular joint (TMJ) disorder. Someone who suffers a jaw injury or deals with stress by tightening facial and jaw muscles may also get TMJ disorder. It can lead to pain, difficulty chewing and a clicking sound or grating sensation when you open your mouth. In severe cases of TMJ disorder, a person can damage the liga-



JUSTIN PHILIPP ASK THE EXPERT

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Dr. Justin Philipp is a Chandler dentist. Reach him at 480-306-5506 or visit jphilipp.com.

Saturday, May 10, 2014 Phoenix, Arizona THE SCOTTSDALE REPUBLIC Page: 24

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THE NE PHOENIX REPUBLIC

Botox isn't just for wrinkles: It also can treat teeth clenching and grinding



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Saturday, May 10, 2014 Phoenix, Arizona THE NW VALLEY REPUBLIC

Page: 15

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Saturday, May 10, 2014 Phoenix, Arizona THE SURPRISE REPUBLIC Page: 15

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Saturday, May 10, 2014 Phoenix, Arizona THE PEORIA REPUBLIC

Page: 14

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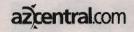
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Page: 17

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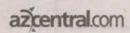
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